

Consultancy Update

Volume 7, Issue 1

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Coaching and SDI® - new in 2008

Who we are and what we do:

- The Susan Dadswell Training Consultancy exists to provide affordable, well-targeted learning solutions which support individuals and organisations in meeting their business objectives.
- We deliver development workshops in Leadership, Fair Treatment at Work and Stress Awareness
- We offer 1:1 and team coaching
- Sue Dadswell is the lead consultant who has a network of associate consultants she can call on to service the larger or more specialist learning project.
- Based in North Bucks, we work nationally

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I have, for some time, been keen to develop the business into the field of 1:1 and team coaching and you may remember that in 2006, I attended and completed the ten-day modular Ashridge programme Coaching for Organisation Consultants in order to deepen my knowledge and hone

my skills.

As an enhancement to my coaching skills I recently became a qualified Strength Deployment Inventory® - Relationship Awareness Theory facilitator. SDI® is a very practical psychometric tool which helps individuals understand their underlying motivations and the way they behave in order to protect that value system when things aren't going so well. By extension, understanding how and why we behave the way we do, sheds light on how and why

others behave as they do and can go a long way to help us understand why there might be communication difficulties (often described as 'personality clashes').

For more details of how coaching and SDI® could work for you and your organisation, please feel free to give me a ring:

www.suedadswelltraining.co.uk

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The Newsletter

This newsletter is one in an occasional series of bulletins from SDTC.

Our aim is to keep you up-to-date with what we're doing, to include information on hot topics and sometimes generate debate amongst the readership.

If there is anything you

would like to see in the newsletter, please let us know.

Additionally, if you would like to post an article in the newsletter or pass on your training and learning tips we will do our best to accommodate you.

If there is a business book you would like to recommend

we are happy to print a short review.

If you would like an extra copy, the newsletter is downloadable from the website:

www.suedadswelltraining.co.uk

Sue's Biography

Sue Dadswell has been involved in the development of people for nearly twenty years. After graduating, Sue worked for some 6 years within the retail sector, in stores, leaving in 1988 to join what was then the country's largest training and campaigning organisation. Initially, Sue worked as a generalist trainer but soon specialised in the field of Leadership and its related topic areas. This role exposed her to numerous working environments and styles across the commercial and public sectors.

Sue has worked in and with Local and National Government, Utilities, Telecommunications, Higher Education, Transport, Travel and Tourism, Hospitality, Insurance, Housing and Manufacturing, among others. She has also delivered training in

France, in French.

Sue started working as an independent consultant in 1997 and now specialises not only in Leadership but also in Coaching and Fair Treatment. Her training style is practical yet based on sound theory. Her training events are participative, informative and fun.

Sue has ten years' experience and practice as a trained coach. She was originally trained to be a Team Coach by the Alexander Corporation when her employer identified her as someone who had the necessary skills and reputation to be used a coaching resource within the team.

Sue has designed and delivered leadership programmes for first-line, middle and senior managers. She has designed an in-

house, modular programme (8 days in total) for a utility company, based on Shackleton and his experience with the Endurance expedition. This was successfully adapted and delivered as a three day programme for non-faculty at a London graduate institution.

Sue also designs and delivers programmes which raise awareness to the issues of Bullying & Harassment and Diversity, some of these involve using the skills of actors.

Sue is a member of the ILM, an accredited ACL trainer, and a qualified SDI® facilitator.

Ski-ing in the French Alps

Sue and her husband Alan have got a foot on the French property ladder in the form of an apartment in the ski resort of Les Gets in the French Alps. Les Gets is about an hour's drive from Geneva airport and is part of the Portes du Soleil ski area.

Newly equipped and furnished for the 2007 season, the apartment sleeps between 4 and 6 people. There is a double bedroom, a sepa-

rate room with bunk beds and a double bed on an open mezzanine. For flexibility, there is also a double futon but we can't advise an occupancy of 8 people.

The area is great in summer too—especially for walking and mountain biking.

In 2007-8 winter season it rented out for between €378 and €853 per week.

Rates may alter for 2008-9.

More photos on the apartment website: www.apartmentinlesgets.co.uk

If you want further information, please give me a ring or drop me an email. I can then send you a YouTube link so that you can enjoy the view

From left to right: the apartment, the view (in August), the kitchen area



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Call for a free
consultation!

Is getting the Fair Treatment message across driving you mad?



Are you aware of inappropriate behaviour in your workplace?
Issues with autocratic managers?
Banter going a bit too far?
Want to prevent problems before they occur?

Ask about running a Fair Treatment in the Workplace workshop

Questions and Answers

Do I have to pay for an initial consultation?

No. Your first consultation is complimentary and can be done at your convenience over the telephone. However, if significant travelling is involved we may ask you to cover the cost of the journey. Our time will not be billed for the first meeting

Do you provide in-house training?

Yes. We can work closely with you to design interventions that suit your business. We can be flexible not only about delivery method but also about location and duration. (From 1 hour coaching sessions through to week-long residential). We can also provide someone to deliver your own 'off-the-shelf' products where there is no in-

house deliverer.

How would you describe the style of your in-house workshops?

We work hard at making our events (whether tailored and in-house or open-access) participative, fun and beneficial for organisation and participant alike. Most workshops are supported by a workbook which the delegate takes away with them

Do you run open-access workshops?

We do not have a scheduled programme of workshops. However, occasionally where there is a demand from clients we offer places on ad-hoc workshops on a particular theme e.g. Managing Change,

Performance Management, Stress Awareness etc. These open workshops run with small numbers (minimum 3 delegates, maximum 10 delegates.)



FAQs